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# Musculoskeletal Anatomy Coloring Book, 2e





### Synopsis

Reinforce your understanding of musculoskeletal anatomy with fun, hands-on review and practice! Ideal for independent anatomy review or as a companion to Muscolino  $\tilde{A}\phi \hat{a} \neg \hat{a}_{,,\phi} \phi$ s The Muscular System Manual: The Skeletal Muscles of the Human Body, this unique study tool provides more detailed coverage of musculoskeletal anatomy than any other coloring book available and helps you develop the working knowledge of muscles you  $\tilde{A}\phi \hat{a} \neg \hat{a}_{,,\phi}$  l need for successful manual therapy practice. A unique focus on musculoskeletal anatomy reinforces concepts specific to manual therapy to help you study more efficiently. More than 650 high-quality, anatomically detailed illustrations enable easier, more effective review. Accurate, streamlined coverage of musculoskeletal information simplifies your review process and emphasizes concepts essential to manual therapy. A clean, consistent 2-page layout clearly illustrates the relationship between muscles and surrounding muscle groups. Fill-in-the-blank self-study exercises with accompanying answer keys help you prepare for exams. Did You Know? feature in every muscle spread provides additional details to strengthen your understanding of musculoskeletal structures and functions. Short-answer review questions for each body region test your knowledge and help you learn to interpret anatomic information. A companion Evolve Resources website enhances your review experience through interactive study tools including downloadable audio pronunciations of muscle names, crossword puzzles, Name That Muscle review exercises, drag-and-drop labeling activities, and supplementary information on musculoskeletal topics such as innervation, arterial supply, and mnemonics for remembering muscle names.

#### **Book Information**

Paperback: 456 pages Publisher: Mosby; 2 edition (September 24, 2009) Language: English ISBN-10: 0323057217 ISBN-13: 978-0323057219 Product Dimensions: 10.8 x 8.4 x 1.2 inches Shipping Weight: 2.9 pounds (View shipping rates and policies) Average Customer Review: 4.6 out of 5 stars 47 customer reviews Best Sellers Rank: #41,750 in Books (See Top 100 in Books) #22 inà Â Books > Health, Fitness & Dieting > Alternative Medicine > Massage #23 inà Â Books > Arts & Photography > Drawing > Coloring Books for Grown-Ups > Science & Anatomy #40 inà Â Books > Textbooks > Medicine & Health Sciences > Alternative Medicine

#### **Customer Reviews**

Joseph Muscolino, DC, Instructor, Connecticut Center for Massage Therapy, Newington, CT; Owner, LearnMuscles, Redding, CT --This text refers to an out of print or unavailable edition of this title.

I'm a massage therapist and was starting to forget specific muscles, so I got this to help me refresh my memory. This is a very well done book on the body's muscles with lots of facts about the individual muscles or groups. The pictures are of a good size, so coloring is not a problem and it doesn't look like a mess of colors when you're done. At the beginning of each section are B&W illustrations showing the muscles to be covered from different views, then each page covers an individual muscle, with an illustration you can also color. An excellent resource!!

Really helped me study for my anatomy and kinesiology class! I like how it takes you through each muscle and muscle group and gives you pages to quiz yourself.

I have to say this book really helped a lot in my Kinesology class. I actually had no clue a book like this exsisted until my professor suggested that if we wanted a little more help to get this book. I explains everything and provides blank charts for you to test your knowledge and memorization. If you are a nursing student or health science student like myself this book will very extremely helpful for you.

This is an awesome, fun book to help you learn anatomy. I highly recommend it. Incredibly detailed drawings and study guide.

Very helpful learning tool. Great information. Just wish a few of the pictures were better.

This book is HUGE and was a great help for learning the muscles while studying for my NASM CPT exam!

I love this book. I color and absorb what I am studying by just coloring it. It was more than i expected.

This book was a great help with my studies of anatomy while in mortuary school. It is better than any other anatomy coloring books that I had previously ordered.

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